

FSTG Blue Corn Tortilla Chip

Nutrition Facts

1 servings per container

Serving size

1 bag (42g)

Amount Per Serving

Calories

220

% Daily Value*

Total Fat 10g **13%**

Saturated Fat 1g **4%**

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 6g

Cholesterol 0mg **0%**

Sodium 110mg **5%**

Total Carbohydrate 27g **10%**

Dietary Fiber 3g **11%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Sugar Alcohol 0g

Protein 3g

Vitamin D 0mcg **0%**

Calcium 50mg **4%**

Iron 0.9mg **6%**

Potassium 150mg **4%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.